



RESEO 2018 Spring Conference

SHIFTING PERSPECTIVES

Changing and exchanging perspectives on opera, music and
dance education with young adults

19 - 21 April 2018, Bern, Switzerland

Programme

Thursday, 19 April 2018

Venue: Konzert Theater Bern (foyer, mansarde), Progr (aula)

In English, with simultaneous translation in French, unless stated otherwise

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| 09:15 | Registration and opening reception |
| 09:45 | Official welcome
Stephan Märki, General Manager Konzert Theater Bern |
| 10:00 | Conference opening
Lucy Perry, RESEO Chair
Monica Zarna, RESEO Conference Manager |
| 10:15 | Movement ice-breaker
Clare Guss-West, Dance and Training Consultant and Holistic Health Practitioner |
| 10:30 | Presentation of the "Pure Music" project
Jan Theiler, Theatre Pedagogue Junges Konzert Theater Bern |

Throughout the conference, a group of young adults will be working on a classical piece performed by a string quartet with no rules and no requirements. Pure music and pure communication will lead the group through the two-day workshop. This session will introduce the participants and the string quartet Colla Parte.

10:45

Parallel workshops

Workshop 1: Mediation for New Music

Barbara Balba Weber, Musician and Musical Pedagogue

Prize winning musician and university teacher for music education, Barbara Balba Weber presents the essence of her research by leading a workshop focusing on education through New Music.

Workshop 2: Let's sing!

Tuula Jukola-Nuorteva, Head of Education Finnish National Opera and Ballet
In English

Beginning with a warm-up and using songs as ice-breakers, participants will then move on to create their own melodies in a practical session exploring innovative approaches to on-the-spot music-making.

11:45

Coffee break

12:00

Best practice: Member Case Studies (part 1)

Member projects call-out: being inspired by positive examples, learning how they work in different contexts, finding out best practices

Ruben Zahra, Director of Soundscapes, presents "PARADE & the Velvet Gentleman", a vibrant interdisciplinary showcase for young adults, connecting music and dance with stop-motion animation, video-art, puppetry and other exciting visual techniques.

Rhian Hutchings, Creative Director of Operasonic, presents "Deeds not Words", a project inspired by the centenary of the vote for women's suffrage in the UK, during which pupils are writing, composing and creating a piece of opera exploring the issues they care about and how they stand up for them.

Maria dos Santos and Inês Silva, from Companhia de Música Teatral present "NOAH", a kind of "opera-rap", a performing piece involving music, dance, theatre and digital art, based on the creative work with CMT children, mirroring the "voice" of each of the children and adolescents involved in the project.

12:45

Lunch in the theatre foyer

The afternoon programme will take place in the aula in Progr

14:15 **Best practice: Member Case Studies (part 2)**

Michèle Cart, Director of Opéra-Théâtre, presents “West Side Story”, a project involving young performing arts professionals from Conservatoire Populaire and Rim’Danse dance school, and adolescents from two orientation cycles (ages 12-15), all meeting on stage to give life to Leonard Bernstein’s musical, 60 years after its creation.

15:00 **Round up / discussion**

15:15 **Input speech “How do we define success?”**

Darren Abrahams, Change Maker

15:45 **Coffee break**

16:00 **Presentation of “HUMANOID”**

Leonard Evers, Conductor and Artistic Director of the Ricciotti Ensemble
Barbara Tacchini, Music Theatre Director and Dramaturg

Composer Leonard Evers and dramaturg Barbara Tacchini will present the production and several pieces of the world premiere – set for February 2019 - of this new opera for young audiences. The presentation will provide an insider view of composing for this age group, showing how the storyline was created by interviewing school groups formed of young adults. RESEO delegates will be the first to hear extracts from the work.

16:30 **Movement workshop** with the youth dance club from Konzert Theater Bern

Moderated by Denis Puzanov, Dancer, Stage Manager and Dance Teacher

Participants will join teenagers and young adults from a local youth club in a contemporary dance training.

17:30 **Guided tour of Konzert Theater Bern**

Social programme:

18:15 **Walk to the mountain view platform**

19:30 **Fondue dinner**

Venue: Mansarde

Friday, 20 April 2018

Venue: Progr (aula), Konzert Theater Bern (mansarde)

In English, with simultaneous translation in French

09:15 Registration

09:30 Practical session “How do we define success?”
Darren Abrahams, Change Maker

We all want our work to have a positive impact, but who decides whether or not a project has been successful? This practical session will use a creative process to explore the participants' personal definitions of success (both personal and organisational), and discuss new ways to think about measurement.

11:30 Coffee break

11:45 RESEO Annual General Meeting

13:00 Individual lunch arrangements

The afternoon programme will take place in the main building of Konzert Theater Bern

14:30 Key-note speech “Are we listening? The central role of social and emotional learning to the arts now and in the future”
Dr. Alison Daubney, Researcher and Senior Teaching Fellow
Gregory Daubney, Sport and Exercise Psychologist

The arts play a significant role in promoting social and emotional learning and wellbeing for young adults. Yet, in a world where measurement and judgement frequently take priority, it is easy to overlook the importance of the arts to each and every person and community. Through drawing upon the authors' extensive work across arts education, participation and learning in schools and communities, this key-note explores the importance of young adults' artistic and life journeys as they develop as artistic beings. It draws out the universal need for self-determination and wellbeing to be at the heart of artistic engagement at every level, in order for the arts to flourish now and in the future.

15:15 Coffee break

15:30 Play: A practical workshop exploring the psychology of optimal music performance
Gregory Daubney, Sport and Exercise Psychologist
Dr. Alison Daubney, Researcher and Senior Teaching Fellow

This workshop introduces participants to the most common psychological and emotional barriers preventing artists from consistently achieving optimal performance in work and life. It considers the presenting impact of the most common psychological barriers from the artist's internal and external world and how the symptoms of stress can manifest and hinder optimal performance. The participants will uncover and explore numerous practical strategies and techniques for channelling their psychological and emotional energy to enable them to harness the facilitative power of their emotions and minds to achieve optimal performance.

16:30 **Production Space** – exchange around international co-productions
Moderated by Rhian Hutchings, Creative Director Operasonic

One of our aims is to foster the co-production of projects and touring productions aimed at young audiences and other specific target groups. Projects such this can be difficult to put together due to cultural differences, funding issues or just finding the right partners. RESEO actively supports members interested in touring their works or planning co-productions via the RESEO Production Space. If you have a project or a production that you wish to develop, find partners for or simply discuss with other producers, then the floor is open to you.

17:30 **Wrap-up session and food for thought**

Social programme:

19:30 **Performance “Il Trovatore”**
Duration 2h30, one entr'acte
Konzert Theater Bern, Main Hall

22:15 **Get-together in the theatre foyer**

Saturday, 21 April 2018

Venue: Progr (aula), Vidmar 1

In English, with simultaneous translation in French, unless stated otherwise

09:30 **Warm-up workshop**
Rachel Lawrence, Ballet Dancer and Dance Teacher

10:00 **Results of the “Pure Music” 2-day workshop with the Colla Parte quartet
followed by podium discussion**
Moderated by Jan Theiler, Theatre Pedagogue Junges Konzert Theater Bern

11:15 **Coffee break**

11:30 **Workshop “Agility - transforming one’s vision into successful impact”**
Sonja C. Leuenberger, Positioning and Leadership Expert

Bring on your highest potential and best strength!

When working together as a front line personality, as a team and in an organisation focusing on young people, we can go from being good to being the best in three easy steps: clear vision, strength, big picture. In this creative workshop an individual approach to sharpening the participants’ personal views on vision, goal and steps will be taken, aiming at transforming them into professionals who fit perfectly with their current tasks and settings, and who connect and communicate with young people in the most efficient way, as well as preparing them for their prosperous professional future.

12:30 **Lunch break in Progr and the School-Cultural Institutions Partnerships Project Fair**

Swiss cultural institutions will present their work with a special focus on school collaborations. From jazz music to dance workshops, the conference participants can get inspiration for new ideas and ask questions about the practical aspects of setting up such projects.

14:30 **Round-up and end of RESEO conference**

15:00 **Individual city tours - options available**

Optional programme for the RESEO delegates

Venue: Vidmar 1

16:30 **Movement workshop**
Angela Demattè, Dancer and Choreographer at Tanzcompagnie Konzert Theater Bern
In English

18:00 **Discussion about the previous workshop and the following performance**
Moderated by Estefania Miranda, Director of the dance company of Konzert Theater Bern, Choreographer and Curator of the Tanzplattform Bern Festival
In English

19:30 **Performance “Tabula Rasa”**
Duration 2h, two entr’actes