

## RESEO Conference 2025

# Making Sense(s): Wellbeing through the arts

23 - 25 October 2025










Tallinn, Estonia





*In partnership with Estonian National Opera*

Draft programme - subject to change





### Thursday 23 October

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9:45	Registration starts				 Foyer
Pre-conference parallel sessions (registration required)					
10:30	<b>Carnival of the Animals</b>   Performance Young audiences production (ages 3 and up) nominated for the 2023 Salme Reek Children's Theatre Award. <a href="#">More info here</a> . (35 min)	 Theatre Hall	<b>Guided tour of Estonian National Opera</b> (Group 1) (1 hour)		 Foyer
11:30	<b>Carnival of the Animals</b>   Performance Young audiences production (ages 3 and up) nominated for the 2023 Salme Reek Children's Theatre Award. <a href="#">More info here</a> . (35 min)	Young  Theatre Hall	<b>Guided tour of Estonian National Opera</b> (Group 2) (1 hour)		 Foyer
12:30	<b>Conference opening</b> Welcome by Vania Cauzillo & Müge Altay (RESEO), Ott Maaten and Tuuli Potik (Estonian National Opera)				 Estonia Restaurant
12:45	<b>Estonian overview of performing arts</b>   Roundtable Moderation by Vania Cauzillo				 Estonia Restaurant
13:15	Lunch				 White Hall
14:30	<b>Opening space for young people's voices</b>   Workshop Led by Gulbenkian Youth board representatives				 Estonia Restaurant

- 15:30 Exploring the interactions between community and institutional wellbeing | Keynote  Estonia Restaurant
- 16:15 Coffee break   Colombina
- 16:30 Who's in the room? | Collaboration and networking session  
Collaborative working and networking session on current challenges and our most creative ideas to address them.  Estonia Restaurant

Parallel sessions (registration required)





- 17:15 Trust and commitment, or a systemic approach to ensure clarity and inclusivity | Presentation  Rehearsal room 7  
Gulbenkian Foundation's youth board programme and resulting institutional changes (45 min)
- The Zinger Method: A Somatic and Vocal Approach | Workshop   
Supporting health and resilience in performing artists  
Led by Ela Zingerevich (45 min)
- 19:30 Conference dinner  Estonia Restaurant
- 21:00 Late night social club (facultatif)  F-Hoone

## Friday 24 October

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- 9:30 Immersive picture journey through RESEO's past year | Exchange  Rehearsal room no 7  
A look back in images at the network's highlights of 2024 and 2025.

Parallel sessions (registration required)

- 10:00 When RESEO members come together | Exchange  Estonia Restaurant  
Discovering the outcomes of a collaboration around early childhood co-creation between RESEO members l'Albero Compagnia Teatrale, Figaros and Compagnia de Musica Teatral.
- 10:00 Ballet Story: A Sensory Friendly Relaxed Performance | Performance  Theatre Hall  
Production designed for children living with sensory issues, autism or intellectual disabilities. The first production of its kind in Estonia, winner of the 2025 Salme Reek Children's Theatre Award.  
[More info here.](#)
- 10:00 Practical workshop (More info coming soon)
- 10:50 Coffee break   Colombina

Parallel sessions (registration required)

- 11:15 Member case studies: Dance focus  Estonia Restaurant

Dance projects centering accessibility, well-being and inclusion

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|-------|--|---------------------|
| 11:15 | Guided tour of Estonian National Opera (Group 3)   | Foyer               |
| 11:30 | Ballet Story: A Sensory Friendly Relaxed Performance   Performance (Reprise)   | Theatre Hall        |
| 12:15 | Lunch  | White Hall          |
| 13:30 | Warm-up  |                     |
| 13:45 | When research and artistic production collaborate for accessibility   Discussion<br>Keiu Virro, researcher, Tallinn University & Tuuli Potik, Head of Education, Estonian National Opera | Estonia Restaurant  |
| 14:15 | Member case studies: Choir focus<br>Dance projects centering accessibility, well-being and inclusion   | Rehearsal room no 7 |
| 15:15 | Coffee break ☕   | Colombina           |

Parallel sessions (registration required)

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|-------|--|---------------------|
| 15:30 | Practical workshop (More info coming soon)   |                     |
| 15:30 | SEDD (Support, Explore, Discuss, Develop) Forum   Exchange<br>A supportive space for members to discuss emerging project ideas, broader issues, and anything else that might be of interest. | Estonia Restaurant  |
| 16:30 | Rewarding innovation   Presentation<br>RESEO's role in the Best Opera for Young Audiences YAMaward, FEDORA Education Prize and Carmen Mateu Young Artist European Award, Opera and Dance.    | Rehearsal room no 7 |
| 16:30 | Well-being practices through dance   Roundtable  | Estonia Restaurant  |

Evening programme

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|-------|---|--------------|
| 19:00 | Anna Karenina   Performance<br>Ballet by Marina Kesler to the music of Dmitry Shostakovich. <a href="#">More info here.</a> | Theatre hall |
| 21:30 | Late night social club (optional)   |              |

## Saturday 25 October - Happy World Opera Day! 🎉

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- 09:00 **What role/power are you prepared to give up?** | Discussion  Estonia Restaurant  
Led by RESEO Steering Committee members Vania Cauzillo, Artistic director, Compagnia Teatrale l'Albero & Sarah Théry, Co-artistic director, Collectif Meute
- 10:00 **Focusing on orchestras and ensembles** | Case studies and discussion  Estonia Restaurant  
Led by Vanessa Gasztowtt, Head of outreach and young audience programming, Orchestre national d'Île-de-France & Alice Nardelli, Head of Education, Family and Audience Development, Fondazione Haydn. In collaboration with ROCE (Red de Organizadores de Conciertos Educativos y Sociales)
- 11:00 *Coffee break* ☕  Colombina
- 11:30 **KUMU accessibility programme** | Presentation  Estonia Restaurant  
Discovering KUMU's "quiet mornings" and programming for children living with autism and dementia.
- 12:30 **Looking beyond Europe: Perspectives from Latino America and Asia** | Roundtable  Estonia Restaurant  
With Paulina Ricciardi, executive director, OLA - Opera Latinoamerica & Eric Booth, co-founder, ITAC
- 13:00 **RESEO's next steps and conclusions of the conference**  Estonia Restaurant
- 13:30 End of the conference
- Post conference programme (optional)*
- 14:00 - 15:00 **Visit of KUMU**  
Guided visit of Kumu - Estonian Art Museum
- 15:00 - 17:30 **Training workshop** - more info soon
- 19:00 - 22:10 **Lohengrin** | Performance  
Opera by Richard Wagner. [More info here.](#)

## Sunday 26 October

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- 12:00 - 14:00 **Alice in Wonderland** | Performance  
Ballet choreography by Gianluca Schiavoni. [More info here.](#)