

RESEO Conference 2025

Making Sense(s): Wellbeing through the arts

23 - 25 October 2024

Tallinn, Estonia

In partnership with Estonian National Opera

Draft programme - subject to change

Thursday 23 October

9:45 - 11:30 Registration

Pre-conference parallel sessions (registration required)

10:30 - 11:15 **Carnival of the Animals** | Performance

Young audiences production (ages 3 and up) nominated for the 2023 Salme Reek Children's Theatre Award. [More info here.](#)
(Reprise at 11:30)

10:15 - 11:15 **Guided tour of Estonian National Opera**

(Reprise at 11:15)

12:30 - 13:30 **Conference opening**

Welcome by Vania Cauzillo (RESEO), Ott Maaten and Tuuli Potik (Estonian National Opera) and guests.

13:30 - 14:30 Lunch

14:30 - 15:15 **Who's in the room?** | Collaboration and networking session

Giving the floor to delegates: What are we looking forward to discussing throughout the conference? What challenges are we currently facing, and what are our most creative ideas to address them? Questions raised will feed into the SEDD Forum session the following day.

15:15 - 16:00 **Exploring the interactions between community and institutional wellbeing** | Keynote

16:15 - 16:45 **Trust and commitment, or a systemic approach to ensure clarity and inclusivity**

Presentation of the Gulbenkian Foundation's youth board programme and resulting institutional changes.

Parallel sessions (registration required)

- 16:50 - 18:00 **The Zinger Method: A Somatic and Vocal Approach** | Workshop
Supporting health and resilience in performing artists
Led by Ela Zingerevich
- 16:50-18:00 **Opening space for young people's voices** | Workshop
Led by Gulbenkian Youth board representatives
- 18:00 - 19:00 Reception with musical surprise
- 19:00 - 20:00 Conference dinner at the Estonian National Opera restaurant

Friday 24 October

- 9:00 - 9:45 **Immersive picture journey through RESEO's past year** | Exchange
A look back in images at the network's highlights of 2024 and 2025.

Parallel sessions (registration required)

- 10:00 - 11:00 **When RESEO members come together** | Exchange
Discovering the outcomes of a collaboration around early childhood co-creation between RESEO members l'Albero Compagnia Teatrale, Figaros and Compagnia de Musica Teatral.
- 10:00 - 11:00 **Ballet Story: A Sensory Friendly Relaxed Performance** | Performance
Production designed for children living with sensory issues, autism or intellectual disabilities. The first production of its kind in Estonia, winner of the 2025 Salme Reek Children's Theatre Award. [More info here.](#)
- 10:00 - 11:00 **Practical workshop** (More info coming soon)
- 11:00 - 11:15 *Coffee break* ☕

Parallel sessions (registration required)

- 11:15 - 12:15 **Practical workshop** (More info coming soon)
- 11:15 - 12:15 **Ballet Story: A Sensory Friendly Relaxed Performance** | Performance
(Reprise)

- 10:00 - 11:00 **SEDD (Support, Explore, Discuss, Develop) Forum** | Exchange
A supportive space for members to discuss emerging project ideas, broader issues, and anything else that might be of interest.
- 12:30 - 13:30 *Lunch*
- 13:30 - 13:45 Warm-up
- 13:45 - 15:15 **When research and artistic production collaborate for accessibility** | Discussion
Keiu Virro, researcher, Tallinn University & Tuuli Potik, Head of Education, Estonian National Opera
- 15:15 - 15:30 *Coffee break* ☕

Parallel sessions (registration required)

- 15:30 - 16:30 **Member case studies: Dance focus**
Dance projects centering accessibility, well-being and inclusion
- 15:30 - 16:30 **Member case studies: Choirs and voices focus**
Vocal projects centering accessibility, well-being and inclusion
- 16:30 - 17:15 **Rewarding innovation** | Presentation
RESEO's role in the Best Opera for Young Audiences YAMaward, FEDORA Education Prize and Carmen Mateu Young Artist European Award, Opera and Dance.

Evening programme

- 19:00 - 21:10 **Anna Karenina** | Performance
Ballet by Marina Kesler to the music of Dmitry Shostakovich. [More info here.](#)

Saturday 25 October - *Happy World Opera Day!* 🎉

- 09:00 - 10:00 **What role/power are you prepared to give up?** | Discussion
Led by RESEO Steering Committee members Vania Cauzillo, Artistic director, Compagnia Teatrale l'Albero & Sarah Théry, Co-artistic director, Collectif Meute
- 10:00 - 11:00 **Focusing on orchestras and ensembles** | Case studies and discussion
Led by Vanessa Gasztowtt, Head of outreach and young audience programming, Orchestre national d'Île-de-France & Alice Nardelli, Head of Education, Family and Audience Development, Fondazione Haydn. In collaboration with ROCE (Red de Organizadores de Conciertos Educativos y Sociales)
- 11:00 - 11:20 Walk to KUMU (To be confirmed)

The Kumu Art Museum is one of the largest art museums in Northern Europe. [More info here.](#)

11:30 - 12:30 **KUMU accessibility programme** | Presentation (To be confirmed)
Discovering KUMU's "quiet mornings" and programming for children living with autism and dementia.

12:30-13:00 **Looking beyond Europe: Perspectives from Latino America and Asia** | Discussion
With Paulina Ricciardi, executive director, OLA - Opera Latinoamerica & Eric Booth, co-founder, ITAC

13:00 - 13:30 **RESEO's next steps and conclusions of the conference**

Post conference programme (optional)

14:00 - 15:00 Visit of KUMU (To be confirmed)

15:00 - 17:30 Training workshop - more info soon